

Heart of the Valley Runners

Highlighting the heart and sole of running!

This month we are highlighting the Sole Support program. This is a collaborative program between HOTV, the Corvallis Rotary after Five, and local area races (Mac 15k/5k, Corvallis Half Marathon, Mac 50k, and the Condor 25k). Donations from each of these groups makes running shoes more accessible for selected athletes from middle school and high school cross country and track programs. Five Star sports also offers 15% off the shoe purchases for those athletes. This program has been so impactful for eligible families, and we are always looking for ways to increase the overall impact. You can learn more about Sole Support and [make a donation here](#).



Upcoming events:

Corvallis Half Marathon The Corvallis Half Marathon is a classic race that winds through the OSU campus and showcases our amazing city. This year's event will be held on Saturday, April 11. The race offers the half marathon, 5k, and 1k family course. [You can register here](#).

Mudslinger Trail Run

The Mudslinger Trail Run is the third race in the Corvallis Trail Series. This race (debuting last year), is a half marathon accompanying the annual Mudslinger Mountain Bike Race. This year's event is Saturday, April 18. [You can register here](#).

Mac 50k

This is the 30th year of the McDonald Forest 50k, taking place on Saturday, May 2. This challenging, 31-mile race showcases all of our beloved Corvallis Trails with unmatched finish line vibes. [You can register here](#).

Trail Running Film Festival

The TRFF is coming back to Corvallis in 2026! This year's event will take place on Friday, May 29 at the Majestic Theater. Tickets will be available for \$15. [You can find out more information about the film festival here](#).

Volunteer with us!

If you enjoy the running and racing environment, come volunteer with HOTV! We are currently looking for volunteers to assist with packet pickup for the Corvallis Half Marathon. We also need volunteers for other upcoming races. Reach out via Discord or email president@hotvrunners.com.

Corvallis Trail Series

Did you know our local trail races are all connected within the [Corvallis Trail Series](#)? This year's series has seven separate events! You can compete across events to win prizes and get to know our local trails.



The spring grant cycle is open!

HOTV grants support and encourage running as a way to improve community well-being. These small grants enable schools and other non-profit organizations to build their running programs.



[Join our Discord](#) for information on daily events!