



Cultivating relationships, fitness, service,
and competition through running in our local
community.

February 2024 Newsletter

From the Editor: More of the same, and even more

Thanks for attending the Annual Meeting at C3 on January 20th. Sorry to have missed it, but we were in Austin to attend the engagement surprise of our older daughter Colleen and to run the 3M Half Marathon with her and our younger daughter Brigid. A good week to be a dad! Three new board members step into a leadership role: Madi Nones, Edward Settles, Tony Franklin. Scott Leonard has been a LONGTIME board member, organizer of the first trail film festival and our grants director. He is taking on the race director role for The Condor 25K. Val Stanley has been the secretary for years, keeping us on track, and recording our work for posterity. Both are invaluable volunteers in most local races. Stacy and Lanny Braff were recognized as Members of the Year for their involvement in, well, everything: volunteering, group runs, social events, online presence, races.

Please, please read on to see what's in store for the short term and long term. HOTV mainstays like our 5 group runs per week, hosting local races, and funding community fitness programs will continue, for sure. Many new ideas from 2023 are going to continue (film festival, adopt-a-path, social events) and new, new ideas may spring up. Those new, new ideas will be generated at our February Board Retreat and will come from you. So let us know what's on your mind at info@hotvrunners.com

READ THIS...Please

...GETTING INVOLVED IN THE CLUB AND COMMUNITY...

2024 OLYMPIC TRIALS WATCH PARTY, Saturday, Feb 3rd, hosted by Rory Rowan

It's a 7:00 am start due to the race's Orlando, FL location. Contact Rory at rory.c.rowan@gmail.com to help with the head count. Some breakfast stuff provided, but bring more to share if you want. Plus Rory will give you Florida travel tips!

ADOPT A PATH CLEANUP

We had another hard-working group keeping the bike path on Country Club Drive and 53rd Streets spotless. The next one will be in late March or early April. Keep your eyes open for the date.

TRAIL WORK OPPORTUNITY, MAC FOREST

Help out in your favorite neck of the woods. Each third Saturday of the month, OSU invites community members to help on the trails. Meet at Peavy Arboretum at 9:00 for 3-ish hours of work and play to keep the trails in shape. [Click this link for details and contact information.](#) For those with flexible schedules, contact Andrew Miller at apmiller1996@gmail.com for a regular Monday morning, 8 am to 12 noon work party.

MAC FOREST 15K and 5K, March 2nd

For those who find 50K a bit daunting, explore the best of the Mac Forest trails in these races in our forest backyard. Proceeds help local youth running and trail maintenance.

[To register, click here.](#)

For more general information, [click here.](#)

TRAIL FILM FESTIVAL April 5, Whiteside Theater

Save the date for this second annual (for us) screening. [Tickets available on RunSignup.](#) just like last year. Great images, poignant themes, a community event. It's gonna be good...again!

Big thanks to Madi Nones for taking on leadership. A great way to be inspired for.....

CORVALLIS HALF MARATHON, April 6...HOTV DISCOUNT!

There is a 15% discount for HOTV runners in this year's edition of the classic race around town.

Use HOTVCHM2024 to cash in. [Click here for general info, registration, and a great pic of Craig.](#)

Thanks to Tyler Childers for offering this discount.

If you want a training plan, [check out the HOTV workout page.](#)

RUN FOR THE HILLS the first Sunday in June.

It's not too early to sign up to help. Contact Chris Cotton at racedirector@hotvrunners.com

CONSIDER USING YOUR MANY SKILLS THAT DO NOT INVOLVE RUNNING!

Feb 26th LaSells Stewart Center at OSU

Local school districts have a Career Convention that helps juniors hone their interviewing skills and gives them a chance to learn about work life. Consider being a mock interviewer, or a career speaker, or a general volunteer. Click on the links below to sign up.

[Mock interviewers](#): 10 minutes to help students practice talking about themselves

[Career Speakers](#): roundtables to give students an insight into career paths

[General volunteers to help students navigate the venue and the process](#):

Have questions? Contact Christa.Schmeder@corvallis.k12.or.us

or Elaine Markely at gem33@cmug.com

THINKING ABOUT HOOD TO COAST ALREADY? HERE'S AN OPPORTUNITY.

A coed team needs three members, either 2F and 1M or 2M and 1F. Led by a veteran team captain. Call Laura King at 541-760-2109 for more details about the team and logistics and training.

ONGOING HOTV GROUP RUNS:

Monday early evening, Tuesday morning at the CHS track, Wednesday evening at the CHS track, Thursday evening Social Run at Five Star, Saturday morning rotating group runs. [All details here.](#)

Second Sunday Trail runs, 9 am in the Mac. Contact Biz at bizstamm@gmail.com

Need more information or do you have questions? Contact us at info@hotvrunners.com