



www.hotrunners.com

Heart of the Valley Runners is based in Corvallis, Oregon. Our mission is to support the running community in and around Corvallis. The club sponsors several runs in town, as well as a middle school cross-country program. See our web site (<http://www.hotrunners.com>) for the latest information or to join on line.

Membership Form – Please Print Clearly!

Annual Membership Fees:

(Please circle one. Make check payable to Heart of the Valley Runners.)

Couple/Family: \$30 Individual: \$20 Student: \$10

Your membership will be valid through 12/31/2011

Primary Contact: _____ **Date:** _____
 (Last name, First name)

Address: _____ **Gender:** M F

City: _____ **State:** _____ **Zip:** _____

Primary phone: _____ **Cell phone:** _____

Email: _____ **Birth Date:** _____

For couple and family memberships, please list all names, birthdates and contact info

All individuals in a Family Membership must reside at the same address.

Name (First, Last)	Gender	Birth Date	Email (optional)	Phone (optional)

Club Membership Application Waiver

I understand that participating in club events (including running and/or volunteering in club races) is potentially hazardous and I assume all risks associated with this, including but not limited to traveling to and from events, falls, contacts with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road or track and traffic on the race course, all such risks being known and understood by me. I should not enter and run in club races unless I am medically able and properly trained and I agree to abide by any decision of a race official relative to my ability to safely complete the run. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, Heart of the Valley Runners and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in all club events even though that liability may arise out of negligence or carelessness on the part of the person named in this waiver. In addition, I grant permission to all of the foregoing to use my photographs, motion pictures, recordings, or any other record of club events for any legitimate purposes.

I have read and agree to the above terms:

Signature _____ Date _____

Note: Each adult in a family membership must read and sign waiver.

_____ Date _____

Mail application and payment to: Linda Samet, 1150 SW Poplar Pl., Corvallis, OR 97333